Hebrew SeniorLife 401(k) retirement plan
Hebrew SeniorLife 403(b) retirement plan

Connect with your retirement plan online

With innovative technology and personalized service, our virtual experience gives you everything you need to help make the most of your retirement plan benefit any time, anywhere! You'll find helpful resources to learn more about what your plan offers — check out each topic to find information that's relevant to you.

It's important to review your retirement plan options every year so you can make the most of this valuable benefit your employer offers. If you aren't enrolled, see what the plan can do for you and start saving today!

Get personal help

Have you taken advantage of one-on-one help? Even if you have, a retirement plan checkup is always a good idea. You can discuss your questions, investment options, how much you may want to save to meet your goals, and more. Schedule a meeting today:

- Phone meetings: Visit LincolnFinancial.com/HESLschedule.
- Contact your retirement consultants **Sharon Clapprood** at Sharon.Clapprood@LFG.com or **866-963-5381**, or **Matthew Howell** at Matthew.Howell@LFG.com or **855-661-7870**.

Manage your account online

Registering for your online account provides personalized tools and helps keep your account secure. You can also opt for paperless delivery and receive notifications when statements are available. It only takes a few minutes to register and enroll.

Start saving today

This video illustrates why it's important to start saving for retirement as early as you can. If you're already enrolled in the plan, consider saving more.

Check your beneficiary

Your beneficiary designation, not your will, determines who receives your retirement account assets. Keep that information up to date! To designate or update a beneficiary, log in to your account at LincolnFinancial.com/Retirement and select **Beneficiaries** under **Important links for my plan**.

Improve your financial wellness with Lincoln *WellnessPATH*®

Want to build a vacation fund, pay down debt, or save more for retirement? Lincoln *WellnessPATH* provides steps to help you achieve your short- and long-term goals. Log in to LincolnFinancial.com and start using *WellnessPATH* today!

Get tips for managing debt

This video shows you how to strike a balance between spending and saving. Try using this budget worksheet and calculator to help you make a plan to pay off debt.

We're here for you

Have questions or need help? Call the Lincoln Customer Contact Center at **800-234-3500**, Monday through Friday, between 8:00 a.m. and 8:00 p.m. Eastern.

LincolnFinancial.com/Retirement

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