

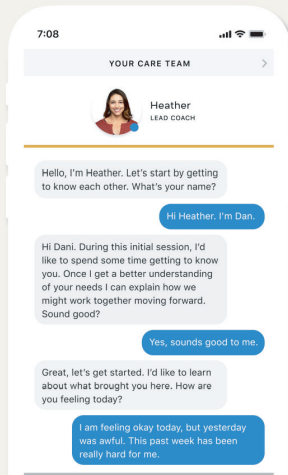


Mental health
support for every
emotion.

ginger

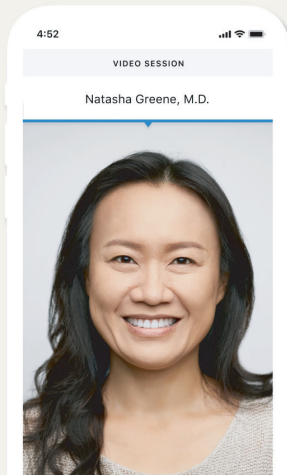
Care for every moment.

We're changing how to think about mental healthcare. We provide preventive mental health support for everyday stressors before they become bigger problems. You don't need to have it all figured out to reach out for help. Whether you could use a quick check-in with a coach, regular treatment for deeper challenges, or self-care strategies to practice on your own time, Ginger provides convenient, affordable, and private mental healthcare for every moment.



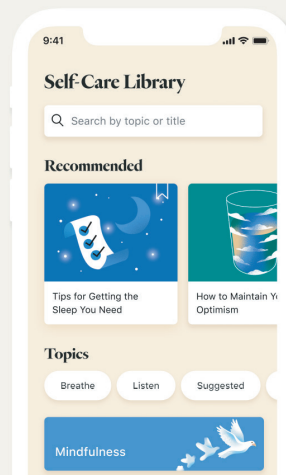
Behavioral health coaching

Coaches can help with everyday stressors and are available for immediate support or regularly scheduled sessions. Get care whenever you need it through private text-based chatting.



Therapy + psychiatry

Licensed therapists and psychiatrists are available via video when more support is needed, with evening and weekend hours. They work with your coach to ensure a seamless care experience.



Skill-building activities

Hundreds of clinically-validated guided self-care resources are available in the app. Skill-building activities, podcasts, tips, and more are recommended based on your needs.

Immediate access

2 minutes

Time to connect to care with a coach

5 days

Time until first available therapy or psychiatry appointment

Proven results

70% better

Percentage of members that see an improvement in symptoms

4.7/5 ★

Average rating after each Ginger session

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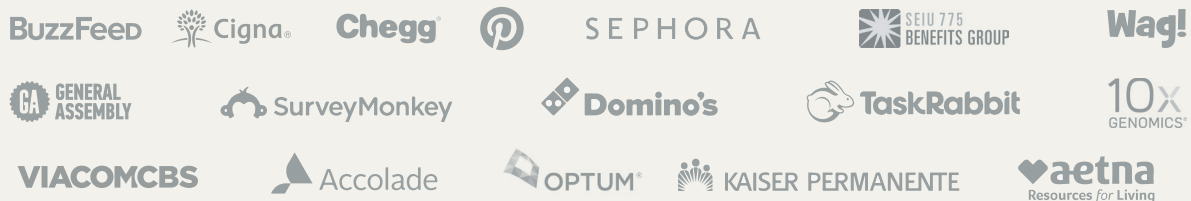
Learn more at ginger.com

Effective, affordable, convenient mental healthcare for everyone.

With a data-driven approach to care that's super-powered by AI, Ginger is able to scale and deliver immediate, high-quality mental healthcare to individuals across the globe. Millions of people have access to Ginger through leading employers, health plans, and other partners. The World Economic Forum has identified Ginger's AI technology as a Technology Pioneer, and the company was recognized as one of the top 10 Most Innovative Companies in Healthcare by Fast Company.

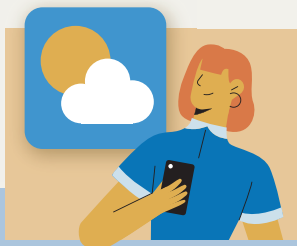
✓ Available in 50 states and 50+ countries

SOME OF THE EMPLOYERS, HEALTH PLANS, AND PARTNERS WE WORK WITH



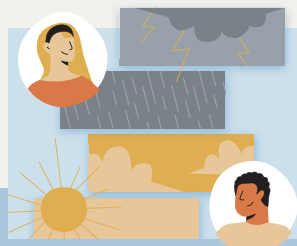
WHAT MEMBERS ARE SAYING

"My therapist and coach make the most amazing care team. Together, they have helped me become a better person. I've learned so much about myself, and I'm so grateful for that."



On-demand

Care is available at any time through your smartphone. It's as easy as opening your weather app and as reassuring as a forecast of clear skies.



Personalized

While some days are sunny, others are stormy and gray. Our coaches, therapists and psychiatrists work together to offer care at any level, no matter the forecast.



Confidential

We help you build skills to prepare for any weather, all from the privacy of your phone. Whether you need sunglasses or an umbrella, we'll give you the tools to take on life.

ginger

Learn more at [ginger.com](https://www.ginger.com)